



Eco Resolutions

What are the commitments you are willing to make this year that will be good for both you and the planet?

Goal #1

Goal #2

Goal #3

Goal #4

Ultimate Goal

Remember, what's good for Mother Earth is good for you, too!



Five Point Method

Use this worksheet to set your daily goals, reminding yourself each day what you're ultimately working toward!

Ultimate Goal

One Year

One Month

One Week

Today



The tiniest step gets you closer and closer to your destination.